# 625AT IFI TOTAL ACCESS ARC TRAINER

### **IFI ACCREDITED EQUIPMENT STAGE 2**

#### **FEATURES**

- Locking Mechanism for Foot Pedals provides complete stability for users when stepping on and off the equipment.
- Static Side Handles offer added stability when mounting, dismounting and exercising.
- Raised Console Iconography and Colour allows easy identification of the main controls both by colour, large buttons and text for older users, plus raised iconography for visually impaired users.
- Large Colour Contrasted Foot Pedals ensure easy identification when mounting and dismounting.
- Easy Start Up of 15 Watts provides appropriate resistance for any user.





Foot Pedal Locking Mechanism



#### CYBEX PRODUCTS ARE DESIGNED AND BUILT IN THE USA

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## **Specifications**

Product Number	625AT IFI
Resistance Range	Up to 900 Watts
Incline Levels	21
Stride Length	24″ / 61 cm
Dimensions (L × W × H)	$76\ensuremath{^{\circ}} \times 32\ensuremath{^{\circ}} \times 62.5\ensuremath{^{\circ}}\xspace$ / 193 cm $\times$ 81 cm $\times$ 159 cm
Display	Graphic display of profile via $8 \times 15$ LED; Numeric display of time distance, calories, calories/hour, METs, watts, strides/ minute and heart rate including multi-color indication of heart rate range; Lower display shows incline and resistance level
Workouts	Quick Start (Manual Mode), three Weight Loss, three Cardio, two Strength and Heart Rate Control; workouts have 10 levels and control both incline and resistance
Heart Rate Monitoring	Wireless and Contact Grips
Max User Weight	400 lbs / 182 kg
Power	Self powered, optional AC adapter for full time display
Compliance	ETL listed to UL1647, ASTM, EN 957, and CSA; FCC Class B, CE Low Voltage Directive, EMC and ROHS Directives